

The Three



3 WORDS.
3 PERSPECTIVES.

The 3x3 is what we refer to as...an eye-opening activity. It's one of the resources developed by Kim Bode through the QUIRKSTM methodology to kick off your Big Deal Energy journey. This isn't just about self-reflection; it's about understanding how others see you, from your mom to the dude you see at the coffee shop every morning when you're picking up your 5-shot shaken Espresso.

Now, go forth and find out if perception is reality or if you're showing the world a vanilla, unremarkable, forgettable version of yourself. **Your network isn't about who you know, it's about who knows you.**

Your 3 Words

Write down three words you would use to describe yourself.

Now explain why you chose those words.

The Bestie (or your mom).

Ask someone close to you, maybe your mom, best friend, coach, or therapist, what 3 words they would use to describe you.

Ask them why they chose those words.



Psst... You can ask as many people as you want, as long as they know you... like really know you, i.e., know about the time you peed your pants in 3rd grade.

The Acquaintance.

Ask that one (an acquaintance) how they would describe you in 3 words.

Ask them why they chose those words.

Look at your words.

Look for the unexpected, the ones highlighting what makes you different, or dare we say...weird. What's the difference between how you see yourself and how everyone else describes you?



Write down your future 3 words. This is where you're going.



Now, Go Forth and Do.

The 3x3 is the first step in discovering your quirks; the hard part is owning them, cause it's real uncomfortable.

Remember, if everybody likes you, you're doing something wrong. You don't stand out by blending in.

